

2014~2015 SCHOOL YEAR MENU

Week Day	AM Snack	Lunch			PM Snack	
		1st Dish (Major meat or Fish)	2nd Dish (Major Vegetable)	Soup		
W1	M	All Wheat Toast / Soy Bean Milk	Wild Mushroom Risotto Cream		Carrot Soup	Red Beans and Tapioca Pearl
	T	Cereal / Milk	Sweet and Sour fish	Bean Sprouts Fried Leeks	Turnips Ribs Soup	Cranberry, Tapioca, and Walnut Bread / Plum Juice
	W	Rice Ball / Barley Tea	Curry Chicken Rice (with Raisin and Soft Boiled Eggs)		Borscht	Green Bean soup with Pearly Barley
	T	Seasonal Fruit	Apple Egg Salad on Toast (Potato, Carrot, and Cucumber)		Corn Soup	Taiwanese Salty Porridge
	F	Home Made Egg Cake / Milk	Noodles with Soy Bean Paste		Meat Ball Soup	Chinese Cheese and Milk Steamed Bun / Madlar Tea
W2	M	Toast with Jam / Soy Bean Milk	Vegetable Deluxe	Stir Fried Peas, Corn, Carrot with Pine Nut	Big Cucumber, Radish, and Carrot Soup	Rice Noodle Soup
	T	Oatmeal Cereal / Milk	Tuna Fish, Celery Macaroni in Cream Sauce		Corn Ribs Soup	Shandong Pie / Barley Tea
	W	Boiled Tea Eggs / Barley Tea	Japanese Style Beef Uden with Union and Konnyaku	Stir Fried Vegetable	Miso Soup with Soybean Curd Slice	Longan and Purple Rice Porridge
	T	Seasonal Fruit	Japanese Style Steam Egg	Pumpkin Cabbage	Mushroom Soup	Wonton Soup
	F	Home Made Egg Cake / Milk	Seafood Udon Noodles with pork		Seaweed Soup with Tiny Fish	Chinese Steamed Bun with Taro / Cassia Tea
W3	M	Strawberry Toast / Soy Bean Milk	Stir Fried Celery with Dried Curd and Baked Bran	Mixed Mountain Yam, Mushroom with Sesame Sauce	Pumpkin Soup	Red Bean soup with Pearly Barley
	T	Cereal / Milk	Stir Fried Beef with Onion	Whitebait with Luffa	Ginkgo Mushroom Chicken Soup	Cranberry, Tapioca, and Walnut Bread / Barley Tea
	W	Stewed Sweet Corn	Salmon Onion, Egg Fried Rice	Stir Fried Cabbage with Bacon	Tomato Tofu Soup	Red Thin Noodle
	T	Seasonal Fruit	Soy Sauce Tofu with Assorted Mushroom Stew	Stir Fried Egg with Raddish	Seaweed Tofu Soup	Sweat Potato Soup
	F	Home Made Egg Cake / Milk	Beef Noodle Soup			Longan Walnut Bread / Medlar Tea
W4	M	Toast with Raisin / Soy Bean Milk	Curry with Vegetables		Borscht	Taro and Tapioca Pearl
	T	Corn Cereal / Milk	Beef Stew with Tomato	Cauliflower	Clam Soup with Ginger and White Mellon	Shandong Pie / Barley Tea
	W	Rice Ball with Meat Floss and Seaweed / Barley Tea	Chinese Steam Bun with Pork, Sesame and Dice Cucumber		Seaweed Ribs Soup	Steamed / Roasted Sweet Potato
	T	Seasonal Fruit	Fried Rice Garnish with Cashew Nut and Pinapple		Mushroom Thick Soup	Rice Noodle Soup
	F	Home Made Egg Cake / Milk	Noodles Soup		Bitter Ground Chicken with Pineapple Soup	Chinese Steam Bun with Longan and red-Jujube Tea
W5	M	Toast with Jam / Soy Bean Milk	Japanese Style Integrated Vegetable Stew	Scrambled Egg with Leeks	Vegetable Soup	Macaroni with Corn Potage
	T	Crispy Cereal / Milk	Steamed Fish with Tomato and Clam	Stir Fried Seasonal Vegetables	Rip Pork Soup with Mountain Yam and Medlar	Cranberry, Tapioca, and Walnut Bread / Plum Juice
	W	Green Bean / Barley Tea	Pasta with Meat Sauce		Corn Soup	Mushrooms Lean Meat Porridge
	T	Seasonal Fruit	Pumpkin Cheese Egg	Mushroom Stir Fried Vegetables	Vegetable Broth with Sliced Mushroom, Carrots and Bamboo Shoots	Oatmeal with Milk
	F	Home Made Egg Cake / Milk	Tomato Seafood and Chicken Stew on Rice		Onion Soup	Grains Bread / Medlar Tea